

Working Together Through COVID-19: Information for General Practitioners (GPs)

OVERVIEW

The COVID 19 pandemic in Melbourne brings changes for all health services including St Vincent's Mental Health (SVMH). Services must respond and adapt to challenges that include:

- Reduced workforce capacity when staff are impacted directly by COVID-19
- The need to provide a service response that is safe for consumers and staff
- Reduced access to acute services including inpatient mental health and the Emergency Department at times they are particularly impacted
- Increased service demand as the mental health of the public is impacted by the medical, social and financial impacts of COVID-19.

KEY POINTS

- All teams and functions within St Vincent's Mental Health continue to operate with safety measures
- We continue to provide service and support to all current consumers
- We are still accepting referrals for new consumers
- All of our contact details remain the same

PRACTICE

To continue to deliver all elements of our mental health service, we will:

- Prioritise treatment, ensuring new and existing consumers are able to access the services they need
- Streamline teams to ensure the health and wellbeing of staff to maintain workforce capacity in the longer term
- Deliver care in a manner that supports the safety of staff and consumers

SUPPORTING CONSUMERS

- Staff are strategically grouped and located to maintain social distancing and ensure the right skill mix in the event of staff illness
- We are supporting people by telephone and Telehealth, where it is safe to do so
- We continue to see people who have priority needs, at the clinics and in their own homes with extra safety precautions in place to protect staff and consumers
- We continue to provide an acute community crisis response
- We endeavor to be responsive to demand, yet some delays may occur during this time

TRIAGE

The Mental Health Triage line can be reached on 1300 558 862

CULTURALLY APPROPRIATE CARE

SVHM provides mental health services to Culturally and Linguistically Diverse communities and can arrange interpreters during Telehealth and inperson appointments where required. SVHM also provides Aboriginal and Torres Strait Islander peoples tailored care in the Inpatient Service and via the Aboriginal Health Unit